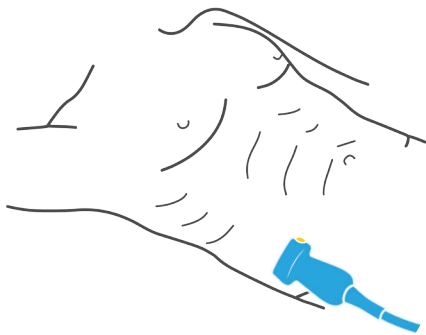


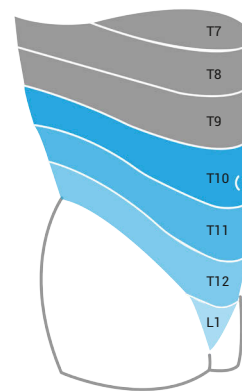
## Torso nerve blocks

# PERFORMING AN ULTRASOUND-GUIDED TRANSVERSUS ABDOMINIS PLANE (TAP) BLOCK

### Probe position



### Distribution



Perform this fascial plane block with 20–30 mL of long-acting anesthetic (e.g., ropivacaine). Aim to pierce the fascial plane covering the transversus abdominis muscle. Inject your anesthetic and watch it spread along the muscle, anesthetizing nerve roots T10–L1.

The TAP block provides anesthesia to the level of the belly button and below. To cover both sides of the lower abdomen, this will need to be performed on each side.

This block is quite effective for the following circumstances:

- abdominal surgeries—especially laparoscopic procedures
- c-sections
- abdominal wall abscess

